

## PRESS RELEASE

### **BARCOLANA NUOTA: REGISTRATION OPEN AT [WWW.BARCOLANA.IT](http://WWW.BARCOLANA.IT)**

*Registration will be open until Wednesday 28 September at midnight, for a maximum of 350 participants*

*Trieste, 6 September 2022* – Registration is open for Barcolana Nuota (Barcolana Swims), the open water swimming competition organised in collaboration with Unione Sportiva Triestina Nuoto (Trieste's Swimming Club) and thanks to Acqua Dolomia's support.

**Registration is fully online at [www.barcolana.it](http://www.barcolana.it) and will be open until Wednesday 28 September 2022 at midnight, for a maximum of 350 participants.**

**COURSE AND PRIZES** – Participants will compete in a 1-km-long race starting and finishing in Molo IV (on San Giorgio basin's side). This year, once again, all boats will start together at 12:00 a.m. on Sunday 2 October. More details will be provided to all participants via e-mail.

The awards ceremony will take place on the same day at 2:00 p.m. in Piazza dell'Unità. Medals will be awarded to the first three overall winners for the male category and the female category as well as to the winners of each year-of-birth category.

**WHO CAN PARTICIPATE** – All open water swimming lovers having a valid medical certificate of fitness for competitive and non-competitive sport activity and/or a valid International Life Saving Federation card. Foreign athletes must be in compliance with the medical regulations in force in their home countries and have a federal card for swimming or similar activities.

#### **For more information:**

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