

# BARCOLANA® NUOTA

TRIESTE, ITALY  
5 OCTOBER 2025 – 11:30 AM

WHERE PASSION  
MEETS THE SEA



powered by



The Società Velica Barcola e Grignano, in collaboration with the Unione Sportiva Triestina Nuoto Samer & Co. Shipping, is organizing the 2025 edition of the Barcolana Nuota powered by Honda, which will be held on Sunday, October 5<sup>th</sup> in Trieste, with a course that winds within the Bacino San Giusto, in front of Piazza dell'Unità d'Italia.

When  
**sunday 5 october**

Timing  
**11:30 AM**

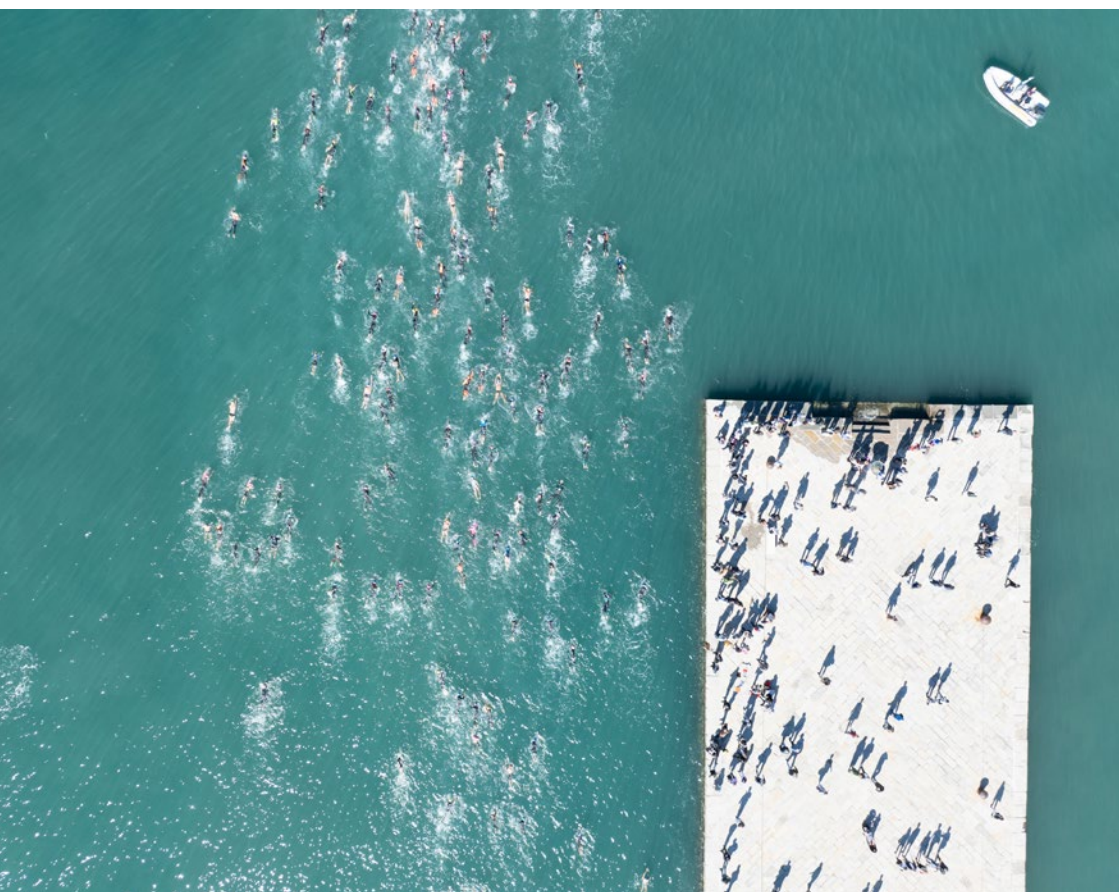
Where  
**Piazza Unità – Scala Reale  
– Molo Audace**

Who  
**Open water swimmers**

What  
**A swimming competition in the city centre**

Official hashtag  
**#Barcolana #Bnuota**

Info  
**[barcolananuota@barcolana.it](mailto:barcolananuota@barcolana.it)**



## THE RACE

A one Nautical Mile course (approximately 1,850 meters) with a single start at 11:30 AM. The start and finish will be from the water area in front of Piazza Unità d'Italia. The use of wetsuits is allowed.

## REQUIREMENTS

Participants must be born on or after January 1, 2015, and possess a valid medical certificate for competitive or non-competitive sports practice. Foreign athletes must comply with the medical regulations in their country and possess a federation card for swimming activities or similar.

## PROGRAM

9:00 Athlete recognition  
10:30 and marking in the starting area. Athletes will be provided with a microchip to wear for time tracking and to be returned as soon as they exit the water

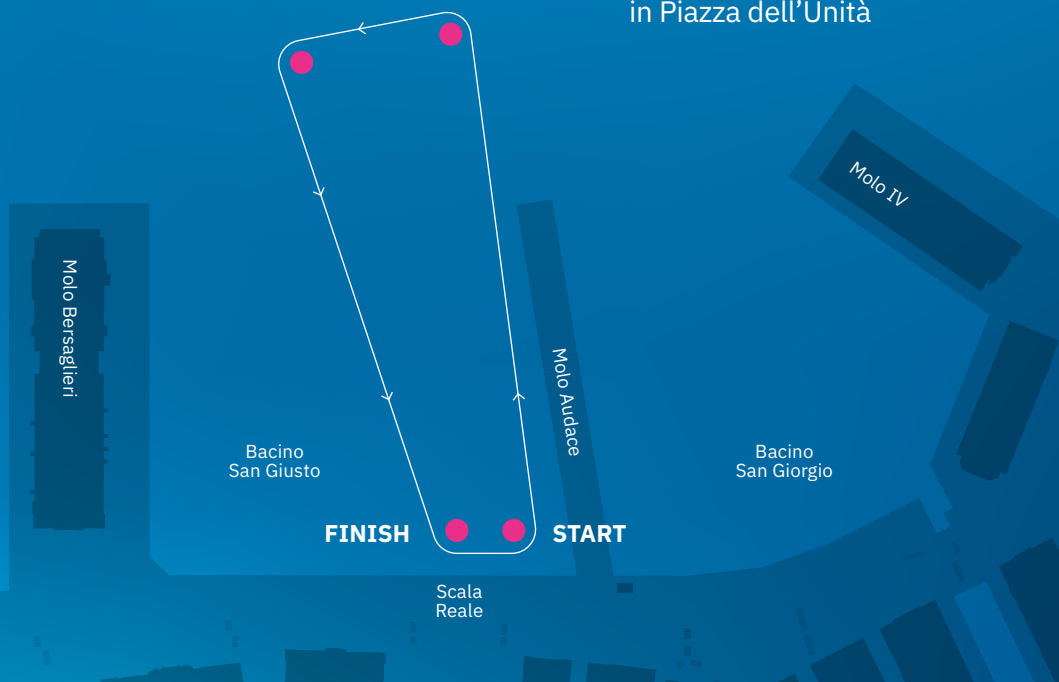
10:45 Briefing for participants in the starting area

11:15 Entry into the water

11:30 Start of the Barcolana Nuota 2025

After the race, there will be a refreshment moment for the participants

14:00 Awards ceremony in Piazza dell'Unità



## REGISTRATION

Registration, to be done online at [www.barcolana.it](http://www.barcolana.it), can be completed by paying the amount of 35 Euros (32€ + 3€ bank fees) by credit card. Registered participants will receive all information regarding the start procedures via email in due time. Registrations close at midnight on Wednesday, October 1<sup>st</sup>. After this deadline, registrations will be accepted with a higher fee of 50€ and can only be completed at the Barcolana Infopoint on the afternoon of Saturday, October 4<sup>th</sup>. No registrations will be accepted on-site on the morning of October 5<sup>th</sup>. For inclusion in the list of the first 300 registrants, the payment of the registration fee will be considered. The race pack, consisting of the exclusive Murphy & Nye bag for the first 300 registrants (all others will receive a dedicated canvas bag), the 2025 commemorative t-shirt, and the cap to be used mandatorily, can be collected on Saturday, October 4<sup>th</sup> from 2:00 PM or on Sunday morning from 9:00 AM in the access area to the start in front of the Scala Reale, along with the chip for time tracking.

## PRIZES

- HONDA Trophy for the overall winner,
- Luca Giustolisi Trophy for the first female winner,
- Medal for the top 3 overall male and female finishers,
- Medal for the first male and female finishers in the following categories:

M10	10 a 14 years
M15	15 a 19 years
M20	20 a 24 years
M25	25 a 29 years
M30	30 a 34 years
M35	35 a 39 years
M40	40 a 44 years
M45	45 a 49 years
M50	50 a 54 years
M55	55 a 59 years
M60	60 a 64 years
M65	65 a 69 years
M70	70 years and over
- Prize for the youngest and oldest athlete.

The awards ceremony will take place by 2:00 PM in Piazza dell'Unità.

At the end of the awards ceremony, prizes will also be drawn, including 1 ticket for 2 people to watch the Barcolana from one of the boats following the regatta from the sea.

The event is recreational. By registering, each athlete declares to be in adequate physical and mental condition to complete the race safely, releasing the organization from any responsibility; they also declare to be aware of the risks that participation in the event may entail and authorize the organization's medical assistance to provide aid and necessary medical care in case of difficulty. They also authorize the organization to take and distribute images and video recordings.