



▲ **BE
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▲ **BARCOLANA®
NUOTA**

TRIESTE, ITALY
4 OCTOBER 2026

—
BACINO SAN GIUSTO,
PIAZZA UNITÀ D'ITALIA
11:00

THE CHALLENGE

1 NAUTICAL MILE
A spectacular course of approximately 1.850 metres in the San Giusto Basin, starting and finishing in the waters in front of Piazza Unità d'Italia. The indicative course runs counterclockwise. Wetsuits are permitted.

SCHEDULE

8:00–10:00	Athlete recognition and marking in the starting area
10:30	Participants’ briefing
10:45	Entry into the water
11:00	Start of Barcolana Nuota 2026
Refreshments will be provided for all participants after the event.	
12:45	Awards ceremony in Piazza Unità d’Italia



HOW TO TAKE PART

ELIGIBILITY REQUIREMENTS

Born in 2016 or earlier, with a valid medical certificate for competitive or non-competitive sports activity. International athletes must comply with the medical regulations in force in their country.

REGISTRATION

Fee: €40 (€37 + €3 bank charges), payable online by credit card.

Deadline: Wednesday, September 30, at midnight.

Registrations submitted after this deadline: €50, available exclusively on the afternoon of Saturday, October 3, at the Barcolana Infopoint. No registrations on race morning.

Register: barcolana.it – Barcolana Nuota

RACE PACK

Exclusive Murphy&Nye bag for the first 300 registrants (all others will receive the dedicated canvas bag); all participants will receive a 2026 commemorative T-shirt, the mandatory swim cap and a Honda water bottle. Collection on Saturday, October 3, from 4:00 PM at the Barcolana Infopoint, or on Sunday, October 4, from 8:00 AM in the access area to the start.

PRIZES

- LUCA GIUSTOLISI TROPHY
for the overall winner
- HONDA TROPHY
for the first female finisher
- Medals for the top three overall
male and female finishers
- Prizes for category winners,
from age 10 to over 70
- Awards for the youngest
and oldest athletes

The event is recreational. By registering, each athlete declares that he/she is physically and mentally fit, accepts the risks associated with participation, and authorises medical assistance as well as the taking and publication of images of the event. If the event is cancelled due to adverse weather conditions, the fee will not be refunded. Uncollected race packs will be available at the headquarters of the Società Velica di Barcola e Grignano from October 13 to December 15 during office hours.



L'acqua delle Dolomiti®



TRIESTINA NUOTO



Samer & Co. shipping

CONTACTS

Mail: barcolananuota@barcolana.it
Info: www.barcolana.it

Instagram: @regatabarcolana
Facebook: @RegataBarcolana
Official hashtag: #Barcolana #Bnuota